



Bicol University Extension News

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BUESC Conducts Year-End Review and Planning Workshop

As part of its strategy towards planning, monitoring, and evaluation, especially with the leadership of its new director, Dr. Antonio P. Payonga, the Bicol University Extension Service Center (BUESC) conducted their Year-End Review and Planning Workshop on January 12-13, 2016 at Dos Montes Hillside Natural Spring Resort, Malilipot, Albay. It was participated in by deans/directors and extension coordinators of the colleges/units of the university as well as the BUESC staff.

The activity was primarily organized to present the program titled, “Integrated Program for Sustainable Development and Management of Local Watershed Communities in Selected Areas of Bicol”.

In his presentation, the BUESC Director discussed that the objective of the program is to “establish integrated and sustainable development programs/projects in enhancing the quality of life of watershed communities through appropriate science-based home-grown technologies.” The thematic areas in the implementation of the project are (1) Agriculture, Forestry, Fisheries, Science and



Dr. Payonga presents the program “ “Integrated Program for Sustainable Development and Management of Local Watershed Communities in Selected Areas of Bicol””.

Technology-Based Enterprises; (2) Education and Culture; (3) Health and Nutrition; (4) Environmental and Natural Resources Management; (5) Governance; (6) Rural Infrastructure and Rural Energy; (7) Skills Development; (8) Climate Change Adaptation and Disaster Risk Reduction; and (9) Peace Promotion.

In her message, Dr. Helen M. Llenaresas, BU Vice-President for Academic Affairs, congratulated BUESC through its director, for crafting a university-wide program. She expressed its significance as an avenue for the colleges and units to converge in a three-year extension agenda and see the impact in the communities. With this, she requested that the program be also presented to the students and the teaching and non-teaching staff. With the facilitation of the ESC Staff, the participants were engaged in workshop activities

that allowed the extension coordinators to identify their participation to the said Program. Action plans were also formulated for the initial phase of the program. Ms. Pritzie Rey and Ms. Elvira Azul were given time to discuss updates on Procurement Law and Administrative Concerns, respectively. (GV Angeline V. Buenaflor and Ma. Elma L. Mirandilla/ESC)

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BURDC conducts RD&E Management Capability Enhancement

The Research and Development Center (RDC) through the Socio-economics and Policy Research Unit (SEPRU) sponsored the 2016 Research for Development & Extension (RD&E) Management Capability Enhancement Seminar-Workshop for research and extension on January 20-22, 2016 at Dos Montes Resort, Brgy. 1, Poblacion, Malilipot, Albay.

The 3-day enhancement seminar-workshop covered topics such as: 1) Integration of Research and Extension by the president, Dr. Arnulfo M. Mascariñas; 2) The University Extension Management System by Prof. Ma. Corazon R. Naz; 3) The University R&D Management System by Prof. Ronnel R. Dioneda, Sr., BURDC Director; 4) Code of Conduct and Ethical Standards for Civil Servants by Ms. Alicia P. Salinas; 5) Research Paper

Publication in Refereed Journals by Dr. Rebecca Rosario O. Bercasio, CTE Director; 6) IP Management and Commercialization by Engr. Christopher O. Pacardo, BUCTCED Director/IPRU Head; and 7) Policy Updates by Ms. Elvira E. Azul, Admin. Officer. The first workshop on the Formulation of Extension Project Proposal utilizing the research outputs of BU faculty-researchers was facilitated by Dr. Lester M. Narvaez, Associate Director of BURDC and Prof. Angelo P. Candelaria, SEPRU Head. Studies from the participating colleges were flashed and the researchers were called and asked to discuss their studies and how to extend their research results. The technical staff of the Extension Service Center gave their suggestions on how to integrate the extension component for each research output. Another workshop dealt on the Research Commitment for 2016-2020 and the strategies to be undertaken

to achieve such commitment by college/unit. This was again facilitated by Dr. Narvaez with the help of Prof. Yolanda Julieta B. Buama, Program Monitoring and Data-banking Unit (PMDU) Head. The last day was utilized for the team building activities. The purpose of this seminar-workshop is to enhance BURDC's research management strategies in support of the RD&E integration and towards the attainment of the university's major final outputs for research (2016-2020). The said activity was participated in by BURDC staff, College Research Coordinators, BUESC Representatives, Research Assistants, Administrative Support Staff, and Directors and staff of the BU Center for Technology Commercialization and Enterprise Development (BUCTCED) and Regional Center for Food Safety and Quality Assurance (RCFSQA). *(Fritzie Magdaong-Llorca)*

CAL AVC conducts Comm Cares in Taysan Elementary School

The Bicol University College of Arts and Letters Audio Visual Communication (BUCAL AVC) fourth year students conducted a one-day Extension Service in Taysan Elementary School, Taysan Legazpi City last January 30, 2016. The project "Comm Cares: A training on Cinematography, Photo and Video Editing," participated in by 34 enthusiastic participants, 23 of which are pupils from different grade levels and 11 are teachers of Taysan Elementary School. The program began with welcome remarks from Mrs. Emma A. Jadie, the Officer In-Charge of the school, and opening remarks by Prof. Eufemia A. Bisa, a faculty of the AVC department.

The training on Cinematography was held in the morning and Photo and Video Editing in the afternoon. The trainers were the 4th year AVC students themselves. The main objective of this activity was to share the knowledge and skills acquired from their four years of studying in the university. The activity concluded with the pre-

sentation of outputs and awarding of certificates. According to the AVC department, this was the first time their students held an extension activity at Taysan Elementary School, but it will not be the last. *(Ma. Elane J. Sarte & A.B. Aguilar/CAL)*

BUCN continues BalikTuro forum series

Bicol University College of Nursing (BUCN) once again welcomed one of its esteemed alumni during the **BalikTuro** forum series held last January 8, 2016 at the BUCN Amphitheater.

Dennis L. Manzanades, MSN, MBA, RN, CCRN, a cum laude graduate of BUCN batch 1993 graced the event with his talk titled "Leading and Educating in Today's Nursing Landscape." A nurse manager at the Stanford Hospital, Palo Alto, California, USA, Manzanades is a proud product of the college, and a testament to the quality of nursing education that the university offers.

The **Balik Turo** is an education forum series organized by the college to inspire and update its students on the nursing practices experienced by the alumni who are working abroad. This initiative is in consonance with BUCN's vision of producing nurse leaders who will be change agents in the transformation of the health care services in the Philippines, and in the world. *(Ruby L. Mediona / BUCN)*

BU Extension, LGU Malilipot co-sponsor twin trainings on BMIS, Squash Processing

As part of the collaboration of the BU BIDANI Program with the Local Government Unit of Malilipot, two trainings on Barangay Management Information System (BMIS), and Squash Food Processing were held on December 4, 10, 2015 and January 29, 2016 at Barangays Canaway San Roque and Barangay 1 of Malilipot, Albay.

The BMIS training aims to provide quality data and speed up generation of information of the community for use in planning and implementation, monitoring and evaluation of community development activities, projects and programs in addition to climate change adaptation and disaster risk reduction and other barangay projects, according to BUESC Training Assistant Herminigildo N. Lizano. He further elucidated the objectives, use, benefits, data cleaning and validation, data encoding, team composition and data presentation and generation for BMIS as well as demonstration for software data entry. The Barangay Secretary and some barangay officials filled out a BMIS

form and used the data for software entry. A total of 62 participants consisting of barangay officials and workers were in attendance.

The Livelihood Skills Training on Squash Food Processing was conducted to equip the participants on the recipe preparation of squash for livelihood activities, recall the nutritional and health importance of squash, assessment of the sensory characteristics of the product and the total production cost for sale per piece. The activity was jointly done with the BU College of Industrial Technology-Food Technology Department and the Industrial Education Department-Food Service Management. As part of the activity, Prof. Ma. Corazon R. Naz presented the nutritive contents of squash such as potassium, copper, iron and significant amounts of Vitamins A, C, E, B6, niacin, thiamin and pantothenic acid and its functions. Prof. Maurina Bantog demonstrated the step-by-step process in preparing the squash puto and squash kutsinta and its costing per piece. She was assisted by BUCIT faculty Ms. April Joy Bantog, BUESC staff Analyn D. Barredo and BUESC-DARU Head

Prof. Ma. Corazon R. Naz during the trainings conducted at Barangay Canaway, San Roque and Barangay 1, respectively. The participants also gave their inputs/comments on the finished products in terms of appearance (doneness, color), flavor (sweetness and aroma) and texture. Prof. Bantog encouraged the participants to try the recipes at home and sell it if it has achieved the desired quality. She further said “ If you are getting enough profit, set aside some amount to buy handy tools, cooking utensils and other paraphernalia. We will monitor the status of your enterprise activity.” This reminder served as motivation to 80 parents with pre school children, are 4Ps recipients and some barangay workers who will later showcase the benefits of the activity. Pamphlets of recipes were also distributed to participants.

The BS Sociology Fourth Year students of the BU College of Social Sciences and Philosophy assisted in the activity as part of the on-the-job training in the field operations of extension project/activity. (*Christine M. Asuncion, Rod William W. Legaspi, Ma. Corazon R. Naz*)

BU Extension trained Barangay Leaders on Basic Photography

The BU Extension Service Center through the Barangay Integrated Development Approach for Nutrition Improvement (BIDANI) Program jointly conducted the Training on Basic Photography cum Barangay Integrated Development Workers meeting at Sitio Mabalod, Tandarora, Guinobatan, Albay as the host barangay last January 15, 2016.

As a regular continuing activity to update local officials and workers in Albay in their job performance, the activity aims to equip the front-liners on the rudiments of photography as a vehicle for local documentation of the barangay affairs for historical accounts of accomplishments. In addition, Prof. Ma. Corazon R. Naz

of BUESC in her overview said “photo documentation is a support material to the narrative report that shows legacy of the barangay accomplishments”. The resource person is Mr. Felipe Jose B. Peralta, a national awardee in photography and current Unit Head of the Communications and Media Technologies Unit of BUESC. He explained vividly the different parts of the camera, different shots and meaning of lines in photography, rules and ethics in picture taking and captioning of pictures according to relevance, emotion and information to tell a story. The participants were given an activity in which they have to select a picture from their electronic gadgets and make a caption to convey a story. Selected participants presented their output which was critiqued by the resource person as learning reference in consequent applications in report preparation. As a continuing experience to learn from progress reports of the activity/project/program conducted at the barangay level, fifteen (15) barangay local officials/



Prof. Peralta gives lecture on photography

workers shared their accomplishments along the different areas of concern. These include food production, health, sanitation and nutrition, environmental protection, education and training, infrastructure development, spiritual development, women and family welfare, peace and order and institutional support development. Prof. Naz emphasized “their sharing gauged the variety of barangay concerns and needs that were addressed through barangay initiatives or linkage
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BU Extension trained...from page 3

with the local government units at municipal and provincial levels, non-government organizations or private institutions with socio-civic thrusts". Mr. Lizano suggested that the Sangguniang Bayan could give focus on measuring outputs and outcomes of barangay activities/projects in their reporting system. Prof. Naz added that this will require the technical guidance of extension staff. Hon. Gemma Ongjoco, Guinobatan Municipal Mayor also graced the occasion. In her message, she acknowledged Bicol University for providing technical assistance to the local government unit. An added feature to the activity was a post-Christmas exchange gift and raffle. Four (4) BS Sociology OJT students of BU CSSP assisted in the preparation of activity materials, facilitation and summary of evaluation forms. *(Christine Asuncion, Rod William Legaspi and Prof. Ma. Corazon R. Naz)*

BU-CBEM HOLDS TRAINING WORKSHOP ON FORMULATION OF EXTENSION PROGRAMS/PROJECTS



Dr. Eddie See, sharing the extension direction of the College

To complement the call of the University for Social Transformation and Development and to respond to the accreditation recommendations, the Bicol University-College of Business Economics and Management (BU-CBEM) through its College Extension Unit successfully spearheaded a training-workshop on "Formulation of Extension Projects/Programs on January 21-22, 2016 at Casa Basilisa, Guinobatan Albay. The activity was actively participated in by CBEM faculty members. It was designed to enhance the knowledge and skills of the faculty members on formulating extension projects/programs aligned to the specialization of each degree program and to the University Extension Agenda and Thrust.

Dr. Antonio Payonga, the Director of the University Extension Center and his staff wholeheartedly supported the activity. The Director himself made sure not to miss the activity. He tackled the direction of the university extension program by introducing the Bicol University Integrated Program for Sustainable Development and Management of Local Watershed Communities in Selected Areas of Bicol (BUIPSDMLWC) Mr. Kalayaan Triunfante, Ms. Pamela Rojas, Prof. Elmer Lorenzana and the BU-CBEM Dean, Dr. Eddie See were the resource persons. Their talks provided enlightenment regarding formulation of extension program/project proposal among the participants.

The workshop was well represented by the different degree programs; each program adviser excitedly presented their extension projects/programs which were subjected for critiquing by the invited experts from the University Extension Center. The College Dean expects that the proposal will not remain just as it is, but rather being actualized. *(Imelda A. Siapno)*



EXTENSION NEWS

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